

Casa na Praia *Tofo*

Beach Bar & Restaurant

Open Daily from 7 am till 10:30 pm

We offer Vegetarian options



And Gluten Free



Starters & Snacks

Sea Food



Crumbed pan-fried Calamari rings + Tartar Sauce

Mts



Crumbed Coconut Prawns



Mts

Samosas



Grilled Chicken filling

Mts



Chicken & Piri-Piri Sauce filling

Mts



Fish of the day filling

Mts



Meze Plate

Humus + Tzatziki + Jalapeño peppers filled with cheese and chilli

Mts



Bruschetta

Tomatoes & garlic + Basil + Olive & Vinegar + Mozambique toasted bread

Mts



Soup

Organic Butternut from the garden



Mts

Service Tax: 10% of the total for the Casa na Praia staff that works to offer the best service.

Sandwiches & Hamburgers

Sandwiches / Toasties

You can choose your favourite Bread:

Mozambique Traditional white Bread or Home-made whole-grain Bread



Feta Cheese + Organic Tomato + Pesto Sauce

Mts



Grilled Vegetables + Feta Cheese + Humus

Mts



Ham + Cheese

Mts

Hamburger + French Fries



Tasty Hamburger

Beef Burger + Cheese + Tomato + Lettuce + Onion

Mts



Chicken

Chicken + Tomato + Lettuce + Onion

Mts



Vegetarian

Falafel + Tzatziki + Feta Cheese + Tomato + Lettuce + Grilled Aubergine

Mts

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Omelettes & Salads

Omelete



Vegetarian

Tomato + Onion + Green Pepper + Feta Cheese



Mts



Ham Omelete

Ham + Onion + Cheese



Mt

Salads

Made with Organic vegetables from the garden



Ocean Salad

Green Salad + Tomato + Cucumber + Green Pepper + Onion + Carrot +
Crab / Tuna

Mts



Greek Salad

Green Salad + Tomato + Cucumber + Green Pepper + Onion + Feta + Olives +
Carrot + Avocado (in the season)

Mts



Chicken Salad


Green Salad + Tomato + Cucumber + Green Pepper + Onion + Chicken + Eggs

Mts

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Main Dishes



Seafood

 Prawns pan-fried + Garlic sauce & Lemon / Piri-Piri Sauce



Mts

 Red Roman grilled (whole fish) + Garlic sauce & Lemon 


Mts

 Serra Fish grilled + Garlic sauce & Lemon 



Mts

 Lobster grilled + Garlic sauce & lemon 

Mts

 Calamari tentacles (crumbed / grilled)



Mts

 Calamari pan-fried + Garlic sauce & Lemon / Piri-Piri Sauce 

Mts

 Calamari + Prawns + Garlic sauce & Lemon (Fried) 

Mts

 Special Casa na Praia 

The House recommendation dish could be share between 4 people


Lobster + Prawns + Calamari + Red Roman fish + Serra fish

Mts


*All the Seafood dishes Includes: Salad + Rice / French Fries

Traditional Moçambique's Dish

Matapa of the day + Rice

 Crab / Fish / Prawn

Mts

 Vegetarian (Mandioca leaves + Peanut + Coconut milk)

Mts

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Main Dishes

Pasta



Sea Food Pasta

Pasta + Prawns + Calamari + Fish of the day + Tomato Sauce

Mts



Arrabbiata

Pasta + Tomato Sauce with garlic & Piri-Piri

Mts



Vegetarian

Pasta + Sautéed Vegetables + Feta Cheese

Mts

Chicken



1/4 Grilled Chicken + Garlic & lemon sauce / Piri-Piri sauce



Mts



1/2 Grilled Chicken + Garlic & lemon sauce / Piri-Piri sauce








Mts

Includes 2 side dishes : Salad / Rice / French Frites

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Desserts

- Affogato Coffee 
Vanilla Ice-cream + Espresso coffee
Mts
- Flambéed Banana 
Mts
- Chocolate & Banana Pancake
Mts
- Banana Pancake Gluten Free 
Mts
- Classic Pancake (Lemon & Sugar)
Mts
- Recommendation of the house: add a sweet touch with an Ice-cream ball 
Mts
- Ice-cream 2B (Chocolate / Vanilla) + Chocolate Sauce 
Mts
- Carrot Cake + Chocolate Sauce
Mts

Cafeteria

- Americano
Mts
- Capuccino
Mts
- Milk + Cacao
Mts
- Tea (Five Roses / Rooibos)
Mts

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